

Āṅgulimāla Paritta 盎古力马拉 跏力他 ***THE ĀṅGULIMĀLA PROTECTION* 指鬘护卫¹**

Yatohaṃ, bhagini, ariyāya jātiyā jāto,
Nābhijānāmi sañcicca paṇaṃ jīvitā voropetā.
Tena saccena sotthi te hotu, sotthi gabbhassa.

*Oh, sister! Ever since I was reborn in this
Noble Birth, I do not remember intentionally
taking the life of a being. By this utterance of
truth, may there be comfort to you and to the
child in your womb.*

大妹，自从我出生予此圣生，我不
记得曾经故意杀生。以此真实语，
愿你平安，愿你的胎儿平安。

¹ Majjhima Nikāya, ii.306. For easy delivery for expectant mothers.