

## Puññānumodanā 扑亚努摸达那 *REJOICING IN THE MERIT [ACCRUED]* 随喜所累积的功德

Kappa-sata-sahassāni  
solasañpi asañkhaye,  
Sambharam bodhi-sambhāre  
āgato jāti-jātisu,  
卡趴 萨它 萨哈洒尼  
艘拉萨皮 阿三卡也  
桑八哈浪 波地 桑八累  
阿咖陀 家提 家提素

Niyato Buddha-bhāvāya  
bhadda-kappe idh'antime,  
Bodhi-satto ca Metteyyo  
puññam me anumodatu.  
尼亞陀 补达 八瓦亚  
吧达 卡陪 依但提每  
波地 萨陀 叉 每贴哟  
菩样 每 阿努磨达图

Asmiṁ vihāre ca ārāme  
adhibatthā ca devatā,  
Anumoditvā imam puññam  
rakkhantu Jina-sāsanam.  
阿斯民 V 哈类 叉 阿拉每  
阿地瓦他 叉 爹瓦他  
阿努磨地他瓦 依忙 菩样  
拉看图 几那 酒酒囊

Sabbe sattā ca majjhattā  
hitā ca ahitā ca me,  
Anumoditvā imam puññam  
bujjhantu amataṁ padam.  
萨贝 萨他 叉 马加他  
喜他 叉 阿喜他 叉 每  
阿努磨地他瓦 依忙 菩样  
补赞图 阿马堂 跪当

*For a hundred thousand and sixteen  
asañkhaya<sup>1</sup> aeons undergoing birth after  
birth accumulating the necessary experiences  
for [attaining] enlightenment ...*

在十六阿僧祇和十万大劫里，生生  
世世都累积菩提资粮，

*... and certain to [attain the] state of  
Buddhahood, being the last [Buddha] in this  
auspicious aeon, may the bodhisattva  
Metteyya rejoice in [this accrued] merit of  
mine.*

肯定会成佛，是这个贤劫里的最后一尊佛，愿弥勒菩萨随喜我的功德。

*May the deities living in this temple building  
and monastery rejoice in this merit [that we  
have accrued] and protect the Teachings of  
the Conqueror (i.e. the Buddha).*

愿住在这寺院和园林里的神明们随喜这项功德后护持胜利者（佛陀）的教法。

*May all beings neutral, beneficial and  
harmful to me rejoice in this merit [that I  
have accrued] and awaken to the deathless  
state (i.e. attain Nibbāna).*

愿一切有情，无论是对我有益、无益或普通的都证悟不死（涅槃）之道。

<sup>1</sup> Literally, *asañkhaya* means innumerable, but traditionally is equal to 10<sup>140</sup>.