

## Patthanā 跪他那 ASPIRATIONS 发愿

Iminā puñña-kammena  
mā me bāla-samāgamo,  
Sataṁ samāgamo hotu  
yāva nibbāna-pattiya.  
  
依米哪 菩亚 卡梅那  
吗 梅 吧拉 萨吗咖模  
萨汤 萨吗咖模 候秃  
呀洼 你搬那 跪提呀

Idam me puññam āsavakkhayāvahaṁ hotu.  
依当 梅 菩样 啊萨洼卡呀 洼航 候秃

Idam me puññam nibbānassa paccayo hotu.  
依当 梅 菩样 你搬那萨 跪叉哟 候秃

Mama puñña-bhāgam sabba  
sattānam bhājemi;  
Te sabbe me sāmañ puñña  
bhāgam labhantu.  
  
玛玛 菩亚 叻钢 萨巴  
萨他囊 叻阶米  
贴 萨悲 梅 萨茫 菩亚  
叭钢 拉领秃

*By this meritorious act  
may I never meet with the foolish;  
may I [only] meet with the wise  
up until I attain Nibbāna.*

愿以此功德  
令我不遇愚人  
令我亲近智者  
直到我证悟涅槃。

*May this merit of mine be conducive to the  
destruction of the [mental] effluents.  
以我这份功德 愿我摧毁诸漏。*

*May this merit of mine be a [supportive]  
condition [for the realization] of Nibbāna.  
以我这份功德 愿它导向涅槃的体  
证。*

*I share my merits done today  
with all beings.*

*May all those beings get an equal share of  
the merits shared by me.  
我此功德分，  
回向诸有情，  
愿彼等一切，  
同得功德分！*