

# Aṭṭha garudhammā

*Nun yogis and women yogis belong to the Buddhasāsana lineage. Therefore, nun yogis and women yogis need to know the important eight garudhamma rules that should be followed by the bhikkhūnī. These rules were laid down by The Buddha and are to be honoured, respected, revered and venerated during her entire life. The rules are as follows:*

Vassasatūpasampannāya bhikkhuniyā tadahupasampannassa bhikkhuno abhivādanaṃ paccutṭhānaṃ añjalikammaṃ sāmīcikkammaṃ kātabbam. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Na bhikkhuniyā abhikkhuke āvāse vassaṃ vasitabbam. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Anvaddhamāsaṃ bhikkhuniyā bhikkhusaṅghato dve dhammā paccāsīsittabbā - uposathapucchakaṇṇa, ovādūpasāṅkamaṇṇa. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Vassaṃvuttḥāya bhikkhuniyā ubhatoṅghe tīhi ṭhānehi pavāretabbam - ditṭhena vā, sutena vā, parisāṅkāya vā. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Garudhammaṃ ajjhāpannāya bhikkhuniyā ubhatoṅghe pakkhamānattaṃ caritabbam. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Dve vassāni chasu dhammesu sikkhitasikkhāya sikkhamānāya ubhatoṅghe upasampadā pariyesittabbā. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Na bhikkhuniyā kenaci pariyāyena bhikkhu akkositabbo paribhāsitabbo. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

Ajjatagge ovaṭo bhikkhunīnaṃ bhikkhūsu vacanapatho, anovaṭo bhikkhūnaṃ bhikkhūsu vacanapatho. Ayampi dhammo sakkatvā garukatvā mānetvā pūjetvā yāvajīvaṃ anatikkamanīyo.

# 八尊重法

戒尼与女禅修者属于佛陀教法的传承体系，因此，戒尼与女禅修者需要知道比库尼<sup>1</sup>所应奉行的八尊重法。此法由佛陀所制定，是她们应恭敬、尊重、尊敬、敬奉，终生不得违越的！此八法如下：

1. 已达上一百瓦萨的比库尼，应向当天达上的比库作礼敬、起迎、合掌、致敬。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

2. 比库尼不得在无比库的住处过雨安居。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

3. 比库尼应半月向比库僧请求二法：询问伍波萨他和前往[受]教诫。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

4. 出雨安居后，比库尼应于二部僧中以三事自恣：以见、闻或疑。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

5. 违犯重法<sup>2</sup>的比库尼应于二部僧中行半月马那答。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

6. 已学六法两年的在学尼，应于二部僧中求达上。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

7. 比库尼不得以任何方式骂詈、诽谤比库。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

8. 从今日起，禁止比库尼们教训比库，不禁止比库教训比库尼。此法应恭敬、尊重、尊敬、敬奉，终生不得违越！

---

<sup>1</sup> 比库尼：巴利语 bhikkhunī 的音译。现在比库尼传承已经断绝。

<sup>2</sup> 重法 (garudhamma)：在此指僧始终(saṅghādisesa)。