

Our Invitation

May the Shrī Kalyāṇī Establishment of Yogi-Hermitages be of great help towards making the Sāsana (Message) of The Buddha last five thousand years.

Meritorious yogi-monk!

May you make the profound and firm determination that The Buddha's Sāsana shall shine through you, and that you shall shine through The Buddha's Sāsana. Consider carefully the fact that for this you are possessed of the suitable fourfold fortune: [1] the superior status of a human being; [2] the pure Buddha Sāsana; [3] association with noble friends (*kalyaṇamittas*); and [4] wise reflection (*yoniso manasikāra*), which is developed and being developed within you.

On account of having obtained the going-forth (*pabbajjā*) in the Sāsana, you have surely obtained the grace of the multitude of deities propitious to the Sāsana, who keep an attentive eye on your renunciate life. Nonetheless, not content with only that, you should try to improve your good qualities further.

The “Daily Routine” and “Regulations” (*Katikāvata*) of the Shrī Kalyāṇī Establishment of Yogi-Hermitages were written with the objective to [help you] increase your good qualities. Therefore, adopt them with strong faith, respect and care, and practise in such a way that you shall possess the noble heritage of the Sāsana.

May you attain the highest solace in the Sāsana.

Yours in the Sāsana,

Most Venerable Mātara
Srī Nāṇārāma Mahāthera

Principal Teacher and Chief Preceptor of the
Shrī Kalyāṇī Establishment of Yogi-Hermitages

2535 — 18th June, 1991

Shrī Guṇawardhana Yogāshrama [monastic] centre

Galdūva — Kahava

我們的邀請

願斯里·善·禪修者僧寺教團能為佛陀的教法（Sāsana）存續五千年有著宏偉的貢獻！

有功德的禪修僧侶們！

祝願你們所立下深刻且堅固的決心，由你們而光耀佛陀的教法；並且透過佛陀的教法，使你們散發光芒！仔細地思考，你們擁有了四種值得慶幸的事實：

（1）. 生為殊勝的人身；（2）. 有純淨的佛陀教法；（3）. 親近善友（kalyaṇamitta）；（4）. 如理作意（yoniso manasikāra 明智的省思）。而這些是被你們開展，而且是正在開展的。

由於已經在教法中出家，肯定你們已經獲得佛教的多方面殊勝恩惠，請持續地專注在你們的出家生命上。然而，不應僅此而滿足，應當努力使你們良好的特質更進步。

訂出「日常作息」及斯里·善·禪修者僧寺教團的「規約（Katikāvata）」，是以（幫助）增長你們良好的特質為目的。因此，請以堅強的信心、尊重與細心來奉行它們；而且以如此的方式奉行，你們將擁有佛教的聖遺產。

祝你們在佛教中證得最高的酥息〔慰藉〕！

在佛教祝福你們的，

最尊敬的馬塔拉·斯里·樂智大長老

（Most Venerable Mātara Srī Ñāṇārāma Mahāthera）

（斯里·善·禪修者僧寺教團的主要導師和首要戒師）

（Principal Teacher and Chief Preceptor of the

Shrī Kalyāṇī Establishment of Yogi-Hermitage）

佛歷二五三五年——一九九一年六月十八日

斯里·古那瓦爾達那 禪修者僧寺中心〔佛教道場〕

嘎爾督瓦 —— 咖哈瓦