

Our Invitation

May the Shrī Kalyāṇī Establishment of Yogi-Hermitages be of great help towards making the Sāsana (Message) of The Buddha last five thousand years.

Meritorious yogi-monk!

May you make the profound and firm determination that The Buddha's Sāsana shall shine through you, and that you shall shine through The Buddha's Sāsana. Consider carefully the fact that for this you are possessed of the suitable fourfold fortune: [1] the superior status of a human being; [2] the pure Buddha Sāsana; [3] association with noble friends (*kalyaṇamittas*); and [4] wise reflection (*yoniso manasikāra*), which is developed and being developed within you.

On account of having obtained the going-forth (*pabbajjā*) in the Sāsana, you have surely obtained the grace of the multitude of deities propitious to the Sāsana, who keep an attentive eye on your renunciate life. Nonetheless, not content with only that, you should try to improve your good qualities further.

The “Daily Routine” and “Regulations” (*Katik ā vata*) of the Shrī Kalyāṇī Establishment of Yogi-Hermitages were written with the objective to [help you] increase your good qualities. Therefore, adopt them with strong faith, respect and care, and practise in such a way that you shall possess the noble heritage of the Sāsana.

May you attain the highest solace in the Sāsana.

Yours in the Sāsana,

**Most Venerable Mātara
Srī Nāṇārāma Mahāthera**

Principal Teacher and Chief Preceptor of the
Shrī Kalyāṇī Establishment of Yogi-Hermitages

2535 — 18th June, 1991

Shrī Guṇawardhana Yogāshrama [monastic] centre

Galdūva — Kahava

我們的邀請

愿斯里. 善. 瑜珈者僧寺教团能为佛陀的教法 (Sāsana) 存续五千年有著宏伟的贡献!

有功德的瑜珈僧侣们!

祝愿你们所立下深刻且坚固的决心, 由你们而光耀佛陀的教法; 并且透过佛陀的教法, 使你们散发光芒! 仔细地思考, 你们拥有了四种值得庆幸的事实:

(1) . 生为殊胜的人身; (2) . 有纯净的佛陀教法; (3) . 亲近善友 (kalyāṇamitta); (4) . 如理作意 (yoniso manasikāra 明智的省思)。而这些是被你们开展, 而且是正在开展的。

由於已经在教法中出家, 肯定你们已经获得佛教的多方面殊胜恩惠, 请持续地专注在你们的出家生命上。然而, 不应仅此而满足, 应当努力使你们良好的特质更进步。

订出「日常作息」及斯里. 善. 瑜珈者僧寺教团的「规约 (Katikāvata)」, 是以 (帮助) 增长你们良好的特质为目的。因此, 请以坚强的信心、尊重与细心来奉行它们; 而且以如此的方式奉行, 你们将拥有佛教的圣遗产。

祝你们在佛教中证得最高的酥息 [慰藉] !

在佛教祝福你们的,

最尊敬的马塔拉. 斯里. 乐智大长老

(Most Venerable Mātara Srī Nāṇārāma Mahāthera)

(斯里. 善. 瑜珈者僧寺教团的主要导师和首要戒师)

(Principal Teacher and Chief Preceptor of the

Shrī Kalyāṇī Establishment of Yogi-Hermitage)

佛历二五三五年——一九九一年六月十八日

斯里. 古那瓦尔达那 瑜珈者僧寺中心 [佛教道场]

嘎尔督瓦——咖哈瓦