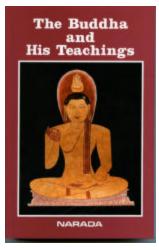


Book Publications

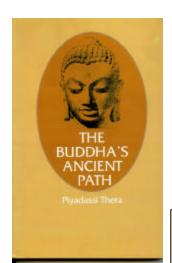
Basic Books



The Buddha and His Teachings Narada Mahathera

This book is one of the clearest and most detailed introductions to the fundamental teachings of Buddhism available in English. In simple and lucid language the author explains those doctrines and concepts which form the common bedrock of all Buddhism as they have been preserved by the Theravada school. The first part of the work is devoted to the life of the Buddha. The remainder of the book explains in detail the Buddha's teachings, the final chapters showing the relevance of Buddhism to the problems of modern life.

BP 102S 1997,412pp. 5.5"x8.5" ISBN 955-24-0025-2 Price: \$15.00



BP 103S 2003,240pp. 5.5"x8.5" ISBN 955-24-0024-4 Price: \$6.50

The Buddha's Ancient Path Piyadassi Thera

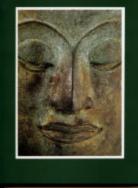
A prominent monk of Sri Lanka, well-known in both East and West, explains the central teachings of Buddhism, focusing on the Four Noble Truths and the Noble Eightfold Path. In a lively and inspired style, he explores the path in detail, citing many stories from the Canon and commentaries.

"The book is written in a firm and clear style ... These interpretations, authoritative and unimpeachable, may be taken as a trustworthy guide" (I. B. Horner)

ABOUT THE AUTHOR

The Venerable Piyadassi Thera is a native of Sri Lanka. He was educated at Nalanda College and thereafter at the University of Ceylon. At the age if twenty he entered the Buddhist Order and mastered the religion and philosophy of Buddhism under the tutorship of the Venerable Pelene Vajirañáóa, Sangha Náyaka, a well-known authority on Buddhism. The author is today one of Sri Lanka's leading Buddhist monks, a forceful preacher of great renown. He has made fourteen world tours for the purpose of spreading the Buddha's teachings.

The Buddha's Path to Deliverance Nyanatiloka Thera



BP 202S 2000,232pp. 4.8" x 7.2" ISBN 955-24-0177-1 Price: \$10.00

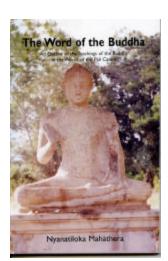
The Buddha's Path to Deliverance

A Systematic Exposition in the Words of the Sutta Pitaka *Nyanatiloka Mahathera*

Larger in size and more advanced in treatment than The Word of the Buddha, this book arranges the Buddha's discourses into the threefold framework of morality, concentration, and wisdom, and the seven stages of purity. The selections, giving full coverage to both serenity and insight meditation, gain further light from the translator's own authoritative explanations.

ABOUT THE AUTHOR

Ven. Nyanatiloka Thera was born in Germany in 1878 abd was trained as a classical violinist in conservatories in Frankfort and Paris. After reading his first books on Buddhism, he immediately set his heart on becoming a Buddhist monk, and in 1903 he travelled ti East, where he took ordination in Burma. He thus became the first Continental European to join the Theravada Buddhist order. Ven Nyanatiloka spent most of his monk's life in Sri Lanka, where in 1911 he established a monastery for Western Buddhist monks called Island Hermitage. He was prolific translator of Pali Buddhist texts into German and English. His other works published by the BPS include Buddhist Dictionary, The Word of the Buddha, Guide through the Abhidhamma Pitaka, and Fundamentals of Buddhism. He passed away in Colombo in 1957, after living for over fifty years as a distinguished member of the Theravada Buddhist order.



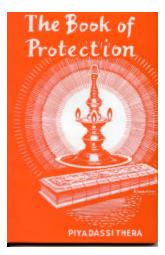
The Word of the Buddha

An Outline of the Buddha's Teaching in the Words of the Pali Canon **Nyanatiloka Mahathera**

This superb little work by the eminent German scholar-monk is probably the best compact sourcebook in English on the Buddha's basic teachings, all expounded in his own words. Translated into a dozen languages, it is now in its 16th English edition, yet still reads as fresh, clear, and vigorous as if it were just written.

BP 201S 2001,100pp. 4.8" x7.2" ISBN 955-24-0217-7 Price: \$3.50

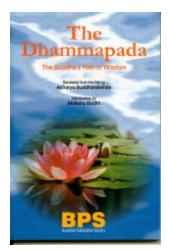
TRANSLATIONS FROM THE PALI



The Book of Protection *Translated by Piyadassi Thera*

An ancient anthology of paritta suttas translated into English: discourses of the Buddha commonly recited for protection against fear, illness, and misfortune. An introductory essay explains the value of paritta recitation for physical and mental health.

BP 216S 1981,122 pp. 5.2" x 8.2" Price: \$4.50



The Dhammapada

The Buddha's Path of Wisdom **Translated by Acharya Buddharakkhita**

The most beloved Buddhist classic of all time, the Dhammapada is an anthology of over 400 verses on the ethics, meditation, and wisdom of Buddhism. This translation by a long-term student of the work transmits the spirit and content as well as the style of the original. Includes the original Pali text. With introduction by Bhikkhu Bodhi.

BP 203S 2003,180 pp. 4.8" x 7.2" ISBN 955-24-0131-3 Price: \$4.00

THE DISCOURSE ON THE FRUITS OF RECLUSESHIP

> The Sāmahňaphala Sutta and its Commentaries

> > RANGLATED FROM THE FALL BY EINIKKNU BOOMI

The Discourse on The Fruits of Recluseship The Samannaphala Sutta and Its Commentaries **Translated by Bhikkhu Bodhi**

In reply to a question on the fruits of the monk's life, the Buddha traces the entire progress of the disciple from the first step of the path to its culmination in the attainment of Nibbána. The sutta and commentaries together give extensive treatment to such subjects as the monk's moral precepts, contentment, mindfulness and clear comprehension, the abandoning of the five hindrances, jhánas, higher knowledge's, etc.

BP 212S 2004,209 pp. 5.5" x 8.5" ISBN 955-24-0045-7 Price: \$7.50

THE GREAT DISCOURSE ON CAUSATION

The Mahānidāna Sutta and Its Commentaries

Translated from the Pali by BHIKKHU BODHI

The Great Discourse on Causation

The Mahanidana Sutta and Its Commentaries *Translated by Bhikkhu Bodhi*

The Mahanidana Sutta is the Buddha's longest discourse on dependent arising, often taken to be the key to his entire teaching. The commentary treats this doctrine according to the Abhidhamma method, explained in an appendix. A penetrative introduction lays bare the sutta's structure and the philosophical significance of dependent arising.

BP 211S 1995, 160 pp. 5.5" x 8.5" ISBN 955-24-0117-8 Price: \$10.00



THE ITIVUTTAKA

THE BUDDHA'S SAYINGS

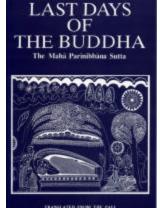
The Itivuttaka The Buddha's Sayings **Translated by John D. Ireland**

The Itivuttaka is a collection of 112 short suttas collected by the servant-woman Khujjuttara, declared by the Buddha his most learned woman lay disciple. The suttas-in mixed prose and verse-are elevated and profound, and at times reach a pitch of lofty spiritual exaltation. With introduction and notes based mainly on the Itivuttaka commentary.

ABOUT THE AUTHOR

BP 215S 1991, 130 pp. 5.5" x 8.5" ISBN 955-24-0066-X Price: \$5.00

The translator, John D. Ireland, is an English Buddhist who has been a student of Pali and Buddhist canonical literature for over thirty years. His previous translations published by the BPS are *The Discourse Collection, Samyutta* Náyaka A *nthology,* Part I, and most recently his fine rendition of the Udána, *The Udán: Inspired Utterances of the Buddha.*

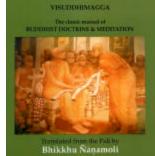


Last Days of the Buddha

The Mahaparinibbana Sutta Translated by Sister Vajira & Francis Story

This work is the Pali Canon's account of the Buddha's last journey to the small jungle town where he attained his final release. The sutta is not only a vivid historical document but a great religious classic. Includes helpful explanatory notes.

BP 213S 1998, 112 pp. 4.8" x 7.2" ISBN 955-9219-98-7 Price: \$3.50



THE PATH OF PURIFICATION

BP 207H 1999, 950 pp. 6" x 9" ISBN 955-240-023-6 Price: \$40.00

The Path of Purification: Visuddhimagga Translated by Bhikkhu Nanamoli

The Visuddhimagga is the most important non-canonical work of Theravada Buddhism. Written in the 5th century by Acariya Buddhaghosa, the book serves as a systematic encyclopaedia of Buddhist doctrine and a detailed guide to meditation. The translation by Ven. Nanamoli itself ranks as an outstanding scholarly achievement.

THE TRANSLATOR

Bhikkhu Ñáóamoli (Osbert Moore) was born in England in 1905 and graduated from Exeter College, Oxford. In 1948 he cane to Sri Lanka where he was ordained the following year at the Island Hermitage near Dodanduwa. He spent almost his entire monk's life of 11 years in the quietude of the Hermitage. In 1960, on one of his rare outings, he suddenly passed away due to heart failure.

During his life in the Sangha Ven. Ñáóamoli translated into lucid English some of the most difficult texts of Theravada Buddhism. I.B. Horner, late president of the Pali Text Society, has written: "No one can fail to recognize the deep understanding of his subject, the considered and balanced judgements, and the clear-sighted and well-founded interpretations the Ven. Ñáóamoli has consistently brought to beat throughout his translations of Theravada Buddhist works."

Edited by N.K.G. Months

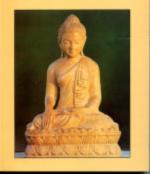
The Questions of King Milinda

An Abridgement of the Milindapa¤ha **Edited by N.K.G. Mendis**

The Milindapa¤ha is one of the great classics of Pali Buddhist literature, a spirited dialogue between the Greek king Milinda and the Buddhist sage Nágasena. The dialogue touches on many subtle problems of Buddhist philosophy and practice, dealing with them with wit and eloquence. This abridged edition has been adapted from the long-standing translation by I.B. Horner.

BP 217S 1993, 208 pp. 5.5" x 8.5" ISBN 955-24-0067-8 Price: \$8.00

THE UDANA & THE ITIVUTTAKA Two Classics from the PM Caron Translated by John D. Ireland



Abhidhamma Studies

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The Udana: Inspired Utterances of the Buddha & The Itivuttaka

The Buddha's Sayings **Translated by John D. Ireland**

Two small classics of the Pali Canon in one volume. The Udána is a compilation of eighty short but deeply impressive suttas, each expressing the Buddha's joyful insight into the profound significance of apparently simple events. The Itivuttaka is a collection of 112 inspiring texts in mixed prose and verse. Both will prove to be constant friends and wellsprings of inspiration. With introductions and notes.

1997, 280 pp. 6" x 9" \$12.00 BP 214S

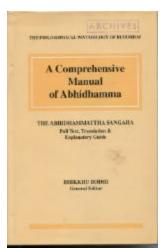
ABHIDHAMMA

Abhidhamma Studies

Researches in Buddhist Psychology **Nyanaponika Thera**

Bold and brilliant essays exploring the psychological and philosophical foundations of the Abhidhamma. Shows the practical relevance to the spiritual life of the Abhidhamma's methodical psychological analysis.

1998, 160pp. 6" x 9" \$12.00 BP 303S

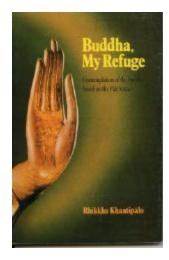


A Comprehensive Manual of Abhidhamma Bhikkhu Bodhi, General Editor

This is the classical introduction to the study of Abhidhamma, the Buddhist philosophy of mind and mental processes. The work contains a translation of Acariya Anuruddha's Abhidhammattha Sangaha along with the Pali text and a detailed explanatory guide to this ancient philosophical psychology. A long introduction explains the basic principles of the Abhidhamma. Includes 48 charts and tables.

1999, 432 pp., hardback 5.5" x 8.5" \$20.00 BP 304H

EXPOSITIONS AND STUDIES

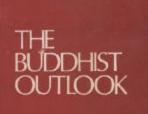


Buddha, My Refuge

Contemplation of the Buddha based on the Pali Suttas **Bhikkhu Khantipalo**

This book weaves together a rich variety of texts from the Pali Canon illustrating each of the Buddha's nine outstanding virtues. The result is a beautiful and inspiring anthology of suttas on the personality of the Blessed One.

1990, 134 pp. 5.5" x 8.5" \$7.50 BP 409S



Essays Dialogues Poems

FRANCIS STORY

The Buddhist Outlook

Essays, Dialogues, Poems Francis Story

The late Francis Story (Anagarika Sugatananda) was a British Buddhist who lived in Asia for 25 years, studying and deeply absorbing the Buddhist philosophy of life. His writings, brilliant in style and always stimulating, show the vital significance of Buddhism in this modern age. From the contents: A Westerner's Road to Buddhism, The Gift of Science and the Gift of Dhamma, The Search for Self, Meditation and the Layman, Morality in Modern Life, Buddhism and Birth Control, Buddhism and Meat-eating, etc.

1982, 382 pp., hardback 5.5" x 8.5" \$6.00 BP 401H

CONCEPT AND REALITY

in Early Buddhin Thought

Bhikkhu Nanazanda

Concept and Reality

in Early Buddhist Thought Bhikkhu Nanananda

An important original work of Buddhist philosophy, dealing with the problem of ßconceptual proliferation,û the mind's tendency to distort reality through its own conceptual activity. The book contains profoundly illuminating remarks on obscure passages from the Canon, and has significant implications for philosophy, psychology, and ethics.

1997, 170 pp. 5.2" x 8.2" \$6.50 BP 404S

Dimensions of BUDDHIST THOUGHT

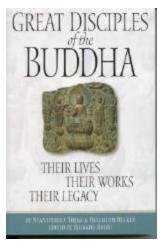
Collected Essays

FRANCIS STORY

Dimensions of Buddhist Thought *Francis Story*

This volume brings together the author's numerous contributions to the BPS's Wheel and Bodhi Leaves series. From the contents: The Appeal of Buddhism, The Four Noble Truths, Dialogues on Dhamma, Buddhist Mental Therapy, Buddhist Lay Ethics, etc.

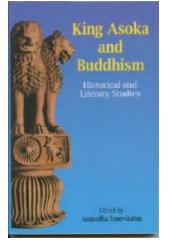
1985, 454 pp. 5.5" x 8.5" \$4.00 BP 403S



Great Disciples of the Buddha Nyanaponika Thera & Hellmuth Hecker

This volume combines all past issues of the BPS's popular *Lives of the Disciples* series of Wheels. It offers inspiring and informative accounts of such great disciples of the Master as Ven. Sáriputta, Moggallána, Ánanda, Maha Kassapa, etc.

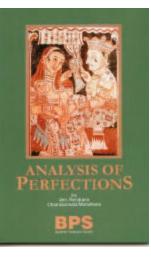
1997, 448 pp. 6" x 9" \$20.00 BP 417H



King Asoka and Buddhism Edited by Anuradha Seneviratna

This book-comprising scholarly essays by Richard Gombrich, Ananda Guruge, Romila Thapar, N.A. Jayawickrama, John Strong, and the editor-seeks to define the relationship to Buddhism of the great Indian emperor who sought to rule an empire on the basis of Dhamma.

1994, 176 pp. 5.5" x 8.5" \$10.00 BP 410S

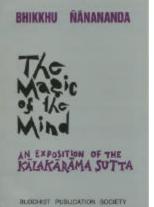


Analysis of Perfections:

Paramithaprakaranaya Ven. Rerukane Chandavimala Thera

An account of the ten spiritual perfections by one of Sri Lanka's most eminent monks; written in clear and simple language with examples from daily life.

2003, 129 pp. \$3.00 BP 419S

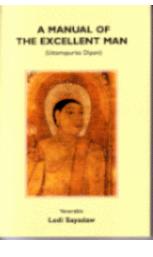


The Magic of the Mind

An Exposition of the Kalakarama Sutta **Bhikkhu Nanananda**

The author begins with a humourously conceived parable of a Magic Show, 2followed by an annotated translation of the short but momentous Kalakarama Sutta. His study centres on the illusory nature of consciousness, dependent arising, arahatship, and Nibbana.

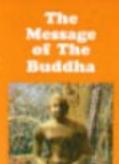
1997, 90 pp. 5.2" x 8.2" \$6.00 BP 405S



A Manual of the Excellent Man (Uttamapurisa Dipani) **Ven. Ledi Sayadw**

In this book the great Burmese philosopher-monk, Ledi Sayadaw, covers the párami's practised by a Bodhisatta, the five aggregates, the Four Noble Truths, dependent origination, and Nibbána. An inspiring and intellectually astute work, geared to the practice of insight meditation.

2000, 154 pp. 6" x 9" \$9.50 BP 420S



The Message of the Buddha *K.N. Jayatillake*

This book collects the papers of one of the most important and influentional Buddhist thinkers of our time. Jayatilleke writes authoritatively on such topics as the Buddhist view of the universe, the nature of mind, rebirth and karma, Nirvana, and Buddhist ethics.

2000, 262 pp. 5.5" x 8.5" \$10.00 BP 421S

Rebirth as doctrine and experience

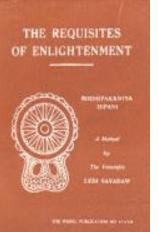
Rebirth as Doctrine and Experience *Francis Story*

Essays on the Buddhist doctrine of rebirth, along with investigated cases of spontaneous memories of former lives; all of these make fascinating reading.

2000, 300 pp. 6" x 9" \$10.00 BP 402S.

Essays and Case Studies

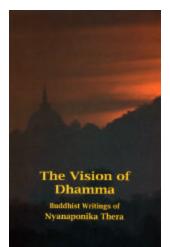
Francis Story



The Requisites of Enlightenment Ledi Sayadaw

This treatise by the great Burmese scholar-monk analyzes the thirty-seven modes of practice in which the Buddha summed up the way to enlightenment. It offers not only a wealth of information on the Dhamma, but also a forcefully reasoned and stirring appeal to earnest endeavour towards the goal.

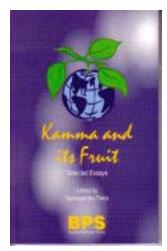
1983, 128 pp. 4.8" x 7.2" \$2.50 BP 412S



The Vision of Dhamma Nyanaponika Thera

This volume brings between two covers the author's original writings from the BPS's Wheel and Bodhi Leaves series. These writings offer one of the most mature, comprehensive, and authoritative expressions of Buddhism by a contemporary Western monk, the co-founder of the BPS.

1994, 368 pp. 5.5" x 8.5" \$16.00 BP 414S



Kamma & Its Fruit Selected Essays

Edited by Nyanaponika Thera

In this book five practising Buddhists of the present day offer their reflections on the significance of kamma and its relations to ethics, spiritual practice, and philosophical understanding.

2003, 104 pp. 4.2" x 7.8" \$3.50 BP 413S

The Buddha and his Disciples

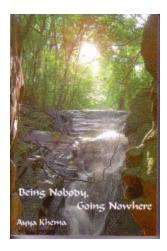


The Buddha and his Disciples *S. Dhammika*

In this book the life the Buddha is explored through the perspective of his interactions with his disciples and contemporaries, using society of the time as background. A accessible work especially suited for young people and newcomers to Buddhism.

2005, 114 pp. 21.5 cm \$2.50 BP 423S

MEDITATION

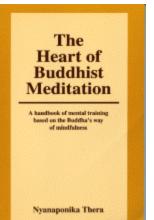


Being Nobody, Going Nowhere Ayya Khema

This popular book explains in simple and accessible language the fundamentals of meditation practice; by the well-known German nun.

"This jewel of a book is full of sound practical advice for treading the Buddha's way" (The Middle Way)

1998, 190 pp. 5.5" x 8.5" \$10.00 BP 511S

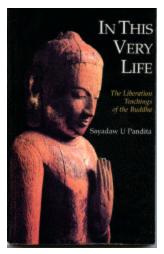


The Heart of Buddhist Meditation

Nyanaponika Thera

A modern Buddhist classic, translated into seven languages. With the combined powers of deep personal insight and clear exposition, the author conveys the essential principles making up the Buddha's way of mindfulness.

2004, 224 pp. 5.5" x 8.5" BP 509S

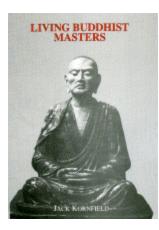


In This Very Life:

The Liberation Teaching of the Buddha *Sayadaw U Pandita*

This book contains teachings given during an intensive retreat. The instructions are simple and concrete, ideal for beginner and advanced meditator alike. The author is one of the outstanding teachers in the tradition of Mahasi Sayadaw.

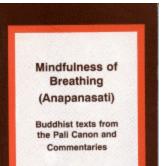
2000, 298 pp. 5.5" x 8.5" \$12.00 BP 508S



Living Buddhist Masters Jack Kornfield

This is one of the most valuable books in print on Theravada Buddhist practice, bringing to the reader the precise instructions of twelve great meditation masters, including Mahasi Sayadaw, Achaan Chah and U Ba Khin. With lucid introductory chapters and photos.

1997, 320 pp. 6" x 9" \$15.00 BP 507S



Translated by Bhikkhu Nanamoli

Mindfulness of Breathing Bhikkhu Namaamoli

This book brings together the most important suttas from the Pali Canon and extracts from the commentaries dealing with anapanasati the meditative practice of mindfulness of breathing.

1998, 126 pp. 5.5" x 8" \$5.00 BP 502S

PRACTICAL INSIGHT MEDITATION

Basic and Progressive Stages

Practical Insight Meditation

Basic and Progressive Stages *Mahasi Sayadaw*

One of Burma's outstanding contemporary meditation masters gives basic instructions on the practice of insight meditation (vipassana), followed by a brief account of the development of insight.

1991, 70 pp. 5.5" x 8.5" \$3.95 BP 503S

The Venerable Mahasi Sayadaw The Seven Contemplations of Insight

A Treatise on Insight Meditation

Prepared under the guidance of Venerable Matara Sri Nanarama Mahathera

The Seven Contemplations of Insight *Matara Sri Nanarama Mahathera*

This is an advanced work, a profound examination of the "seven contemplations" of classical Pali Buddhism and of the way they are experienced in the actual course of meditation.

1998, 184 pp. 5.5" x 8.5" \$10.00 BP 512S

The Seven Stages of Purification

And the Insight Knowledges Matara Sri Nanarama Mahathera

This book, by one of Sri Lanka's foremost meditation masters of recent times, is a guide to the progressive stages of Buddhist meditation for those who have taken up the practice in full earnestness. The subject is treated not only with great erudition, but with the light of actual experience.

1993, 80 pp. 5.5" x 8.5" \$5.00 BP 506S

THE WAY TO ULTIMATE CALM





The Way to Ultimate Calm

Selected Discourses Webu Sayadaw

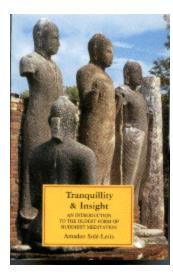
Contains eight full discourses by one of the greatest Burmese meditation masters of this century (originally issued in the Wheel series), as well as shorter talks and a 40-page account of U Ba Khin's connections with Webu Sayadaw.

2001, 199 pp. 6" x 9" \$10.00 BP514S

The Seven Stages of Purification and The Insight Knowledges

A Guide to the Progressive Stages of Buddhist Meditation

The Venerable Mahäthera Matara Sri Ñāņārāma



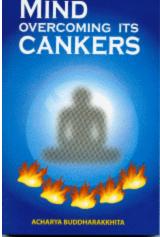
Tranquillity & Insight

An Introduction to the Oldest Form of Buddhist Meditation **Amadeo Sole-Leris**

This widely acclaimed book explains the methods of Buddhist meditation in a concise yet complete account according to the oldest Buddhist tradition. While providing all the information necessary to proper understanding, the stress is on the need for practice and personal commitment.

"An excellent reference book ... Will appeal to beginners and non-beginners alike" (Buddhist Studies Review)

1999, 176 pp. 5.5" x 8.5" \$8.50 BP 510S



The Way of Mindfulness Soma Thera

A translation of the Satipatthana Sutta, the Discourse on the Foundations of Mindfulness, together with its classical commentaries; contains all the essential source material on the practice of insight meditation.

2003, 184 pp. 5.5" x 8" \$5.00 BP 501S